

# CAMP APPLICATION

## Camper Information:

Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Age \_\_\_\_\_ Weight \_\_\_\_\_ School \_\_\_\_\_  
 E-mail \_\_\_\_\_  
 Phone \_\_\_\_\_  
 Roomate Request (leave blank if none) \_\_\_\_\_  
 T-Shirt Size (circle one): M L XL XXL

## 5-DAY TEAM & INDIVIDUAL CAMP

- Resident – June 21-25 (\$370.00)
- Resident – June 28-July 2 (\$370.00)
- Commuter – June 21-25 (\$270.00)
- Commuter – June 28-July 2 (\$270.00)

## 12-DAY TRAINING & COMPETITION CAMP

- Resident – June 21-July 2 (\$815.00)
- Commuter – June 21-July 2 (\$615.00)

RERERRALS \_\_\_\_\_

## COACHES RESIDENT FEE

- \$200 Room and board for coaches

- Bring 8 or more wrestlers, coach stays free.

- Bring 12 or more wrestlers, coach stays free and earns \$200 to supervise team.

*Tuition includes room, board and 6% West Virginia sales tax. A non-refundable \$125.00 deposit must accompany your application. The balance is due upon camp registration. Please send payment (check, money order, or credit card – Visa, MasterCard or Discover Card) to camp by May 28th. Do not send cash. Cash and money orders for the balance of the tuition will be accepted at registration.*

You can now register online for day camp and residential camp by going to MSNsportsNET.com and clicking on "Camps" under the "Fan Center" tab.

MAKE CHECK OR MONEY ORDER PAYABLE TO: WEST VIRGINIA UNIVERSITY

Return form to: Mountaineer Wrestling Camp  
PO Box 1877  
Morgantown, WV 26507-1877

## Credit Card Authorization:



Cardholder's name \_\_\_\_\_

Account No. \_\_\_\_\_

Exp. Date \_\_\_\_\_

## Authorized Signature:

I give the camp permission to use any camp-related photos of my child for camp publicity. I here by authorize the directors of the WVU Mountaineer Wrestling Camp to act for me according to their best judgement in an emergency requiring medical attention. I hereby waive and release WVU Mountaineer Wrestling Camp. I know of no mental or physical problems which may affect my child's ability to safely participate in this camp. I will be responsible for any medical and other charges in connection with my child's attendance at the WVU Mountaineer Wrestling Camp. I have read the rules and regulations of the camp and both the camper and I agree to abide by them.

## The camper is covered by:

Insurance company \_\_\_\_\_

Policy No. \_\_\_\_\_

Parent or Guardian Signature (above line) \_\_\_\_\_

130063100005

Non-Profit  
Organization  
U.S. Postage  
PAID  
Morgantown, WV  
Permit No. 34



"Proud sponsor of West Virginia Wrestling"

**Mountaineer Wrestling Camp**

PO Box 1877

Morgantown, WV 26507-1877



5-Day Camp  
June 21-25

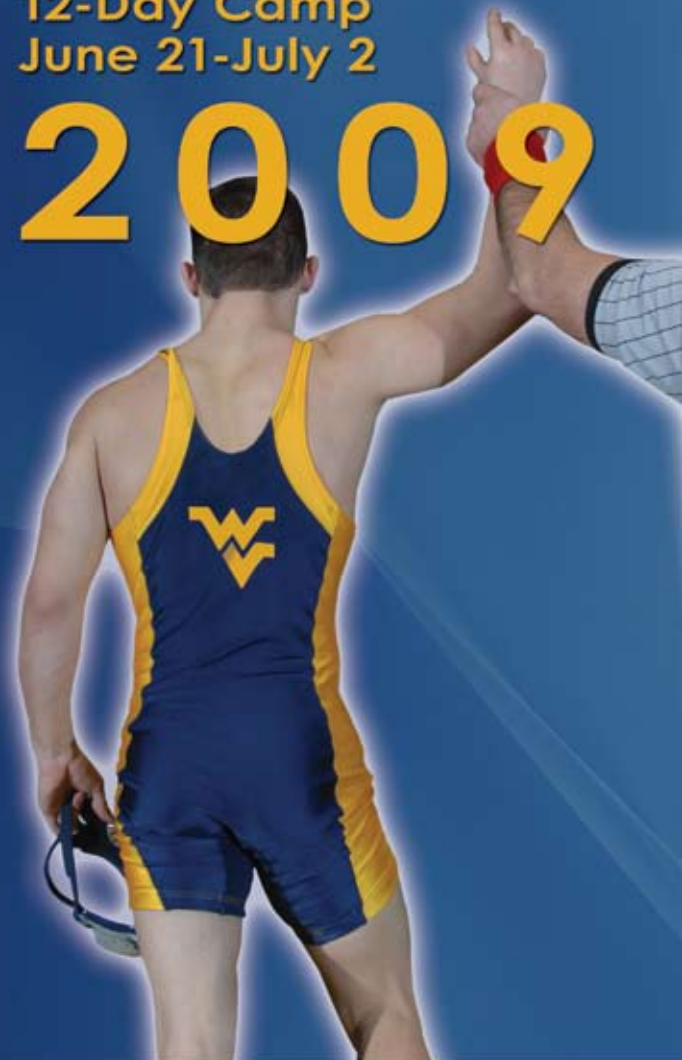


5-Day Camp  
June 28-July 2

12-Day Camp  
June 21-July 2

2009

West Virginia University  
Wrestling Camps



## CAMP PHILOSOPHY

### 5 - Day Team and Individual Camp

At Mountaineer Team and Individual Camp, we believe that we have developed a system of learning that is perfect for every individual. Learn world class instruction from an experienced and passionate staff during the day and compete in a team competition during the evening. Our system exposes the individual to both moves and strategies from every position. Learn how to attack the legs from neutral, ride and pin from the top and escapes and reversals from the bottom. Whether you are attending camp for the first time or have competed for years, you will benefit from the knowledgeable instruction and passionate attitude the Mountaineer staff brings to the mat every day. In the evening, you will compete in a dual meet competition and a takedown tournament and play Frisbee under the lights at Mountaineer Field. This camp is a must for the serious or beginning wrestler. Individuals are welcome and will be placed on a team for competition.

### 5 - Day Benefits

- Teaches the Beginner and Advanced
- World Class Coaching and Instruction
- Learn from High School and College Coaches, plus All-Americans and National Champions
- Exposure to a Nutritionist about what to eat for optimum performance
- Wrestle a minimum of 6 live officiated matches
- Compete in a Takedown Tournament
- Top Three Teams Receive Prizes

### 12 - Day Training and Competition Camp

The 12-Day Mountaineer Team and Individual Camp is on the cutting edge for the total wrestling experience. Imagine how much more prepared you will be for next season after being a part of camp that will allow you to compete 12 plus times in a team competition. Imagine private training sessions at the brand new state of the art Wrestling Pavilion with members or this year's West Virginia University Wrestling Team. This camp is engineered to allow you a chance to train at a higher level than you have ever been exposed to before. Campers will not only be treated to college style workouts; you will meet with our sports psychologist, strength coach and staff nutritionist. Every day that you employ the ideals learned at this camp will distance you from your competition. Learn to be a complete wrestler and strengthen every facet of your game. The hard nose style that we instill and preach at WVU is infectious and will allow you to start seriously considering your most lofty goals. We are committed to make you a better wrestler as well as a better student. 12 day camp will include an SAT prep course with an academic counselor. Learn what it will take to be prepared for the next level of college wrestling. Anyone participating in this camp needs to arrive in shape and ready to train. You will run, lift, drill and compete. Make your commitment to reaching the next level complete.

### 12 - Day Benefits

- Train at the brand new, state of the art Wrestling Pavilion
- Meet with the staff nutritionist
- Train with the varsity Strength Coach
- Sports Performance Training by expert Sports Psychology Staff
- Train with Mountaineer Team Members and Coaching Staff
- Wrestle a minimum of 12 live officiated matches
- Free SAT Preparation classes (\$300 value)

Registration for camp will be at the Evansdale Residential Complex (the Towers Dormitory) from 11 a.m.-1 p.m. on the first day of camp.

## CAMP COACHES



Greg Jones

### GREG JONES

- 3X NCAA Champion
- 2005 Outstanding Wrestler at NCAA Tournament
- 3X Outstanding Amateur Athlete for the state of West Virginia
- 4X EWL Champion - 1 of 5 all-time
- Pennsylvania state champion
- WVU Assistant Coach

### CRAIG TURNBULL

- Head Coach, West Virginia University
- Winningest Coach in WVU Wrestling History
- Coached 3 NCAA Champions and 11 All-Americans
- Coached 19 Eastern Wrestling League Champions
- NCAA Rookie Coach of the Year, Division I
- 3X EWL Coach of the Year



Craig Turnbull

### VERTUS JONES

- WVU's first 3X All-American
- 2X NCAA Finalist
- 4X EWL Champion - 1 of 5 all-time
- 2X Team Captain
- Pennsylvania state Champion
- Assistant Coach North Hills High School (Pa.)



Vertus Jones

### CARY KOLAT

- Coach of Team Kolat and owner of KOLAT.com
- World and Olympic competitor; multi-medalist for Team USA
- 2X NCAA Champion; 4X NCAA All-American
- 4X Pennsylvania state Champion
- 2X EWL Champion; 2X PSAC Champion; Big Ten Champion
- 1994 Big Ten Wrestler of the Year
- 2X EWL Championships Outstanding Wrestler



Cary Kolat

### DANNY FELIX

- World and Olympic competitor
- 2007 Sunkist International Champion
- NCAA All-American, Arizona State
- 3X Pac-10 Champion
- Team Captain



Danny Felix

## CAMP CLINICIANS

### SAM KLINE

- Academic & NCAA All-American; EWL Champion; former team captain

### MIKE MASON

- 2X NCAA All-American; former team captain

### JIM AKERLY

- NCAA All-American, Owner QuestWrestling Club

### SCOTT COLLINS

- WVU's first NCAA Champion

### BRANDON LAUER

- Academic & NCAA All-American; Head Coach River Hill High School (Md.)

### MATT LEBE

- NCAA All-American & Team Captain; Assistant Coach Hempfield High School (Pa.)

### BRANDON RADER

- H.S. National Champion, NCAA All-American

### KURT BRENNER

- 3X Pennsylvania state Champion

### DONNIE JONES

- 2X Pennsylvania state Champion

**COACHES CAN EARN MONEY AT CAMP!** Coaches who bring their teams will be paid to supervise their team during camp. In addition, coaches will be able to attend and benefit from coaching seminars. Bring 12 or more wrestlers, coach is paid \$200.

**COACHES CAN EARN COLLEGE CREDIT!** Coaches can enroll and earn professional development credits at the graduate level (3 credits available) through the WVU Extended Education Program.



## CAMP FACILITIES

This year, campers will once again get the chance to train in the sparkling new WVU Wrestling Pavilion. The \$1.4 million addition to the natatorium features four new mats, a cardio/weight room area, sound system, office space and a projector room for film review. We will also be hosting sessions in the Evansdale Residential Complex for the first time ever. A brief elevator ride to the lobby will land you seconds from your next session. Teaching sessions will be held in the Blue and Gold room. We will also continue to use the Caperton Indoor Facility and play frisbee at Mountaineer Field under the lights. Come experience our new and updated state of the art facilities for an intense week of training that you will not soon forget.

### Hear what others are saying about the Mountaineer Wrestling Camp...

Hello Greg,

I just wanted to send a big THANK YOU to all of you who ran the wrestling camp this summer. We brought up 3 young men from Nicholas County. Since practice has started, the coach says that he sees a lot of improvement in the boys since last season. I know that I can see a difference in my own son and his confidence level. The boys have a lot of heart and dedication, plus a lot of new skill and technique. They are still talking about camp months later and are recruiting their teammates to go next summer. Perhaps we can bring the entire team! Thanks for everything and we hope your season is going well.

-Wrestling Mom (summer 2008)

**REFUND POLICY** - All deposits are non-refundable. Any camper needing to leave came due to injury will receive a pro-rated refund of \$65 per day. Any camper choosing to leave camp will not receive a refund of any kind.

FOR MORE INFORMATION ON EITHER PROGRAM call (304) 293-9872, email Greg.Jones@mail.wvu.edu or visit the camp website: [www.msnsportsnet.com](http://www.msnsportsnet.com) and click on "Camps" under the "Fan Center" tab. Information can also be found by visiting <http://wvuwrestling.blogspot.com>.