PLEASANTS COUNTY PARKS AND REC.

3rd ANNUAL WRESTLING CLINIC

Date: July 12-14 from 9:00AM to 10:30 and 11:30 TO 3:30PM

Location: Saint Marys High School Auxiliary Gym
3220 N. Pleasants HWY

St. Marys, WV 26170

Grades K through 5th first session; 6th through 12th second session

- \$30 per wrestler (K to 5 1.5 HRs of instruction daily) and \$60 per wrestler (6 to 12 4 HRs of instruction daily) Those registering by July 8th will receive a free T-Shirt!
- Featuring Ohio Valley University Coaching staff including:

Head Coach Pat Sole



- Assist. Coach Chris Daggett
- Several OVU Collegiate Wrestlers
- Technique instruction in the areas of:
 - Improved footwork drills
 - Finishing shots
 - Break downs out of referees
 - o Riding legs
 - o Tilts
- More information contact Jay D. Smith at 304-966-6577/ jay.d.smith@k12.wv.us or Brenda at 304-684-7525

Registration Form (Mail Along with Check)

Make checks payable to Pleasants County Parks \$30 for first session; \$60 for second session: Mail or sign up at: Jim Spence Center c/o OVU Wrestling Camp 605 Cherry Street St. Marys, WV 26170 Name: Street: City/State: Zip: Weight: School: Grade (going into): T-Shirt Size: YOUTH S M L **ADULT** S M L (Circle) XL2XPARTICIPANT WAIVER (Please mail along with the check) By signing below, camp/clinic participant and its legal guardian acknowledges and understands that Pleasants County Parks and Recreation staff and volunteers will not be responsible, financially or otherwise, for any injury sustained by the camp/clinic participant while participating in the Wrestling Clinic Program sponsored in part by Ohio Valley University and the facilities of Saint Marys High School. Camp/clinic participant and its legal guardian further agrees that the participant holds adequate medical insurance while participating and that all claims for injuries sustained by club participant will be submitted to and covered by this individual's medical insurance policy. Policy Company/Number Acknowledged and accepted this _____day of____ 2016.

Legal Guardian/Emergency Contact

Participant