



# **AMERICAN PRIDE VII Team Duals Wrestling Tournament Sponsored By OH-WAY Wrestling**

**Tournament Director: Randy Hartman Cell: 937-869-6969**

**Location:** Mountaineer Casino Resort – 1420 Mountaineer Cir. New Cumberland, West Virginia 26047

**Date:** Saturday, November 30, 2019

**Weigh-ins:** \*\*\$20 Fast Pass Weigh-in: Friday 3:00-4:00 pm\*\*

Friday, November 29<sup>th</sup> 6:00-7:00 pm

Saturday, November 30<sup>th</sup> 8:30-9:00 am

**\*\*American Pride VII Dual team weight may be used for Individual Tournament on December 1<sup>st</sup>\*\***

**Start Time:** Gates Open at 8:30 am /Wrestling Starts at 10:00 am

**Entry Fee:** \$500 per team- Cash, Check, or Money Order Made Payable to OHWAY

**Admission:** \$20 Adults / \$5 Kids age 6+ / Kids 5 & under Free! \$30 Weekend Pass

AGE GROUPS: Age Groups are Determined by the Wrestler’s Age on the day of the event.

<b>AMERICAN PRIDE 7 Team Duals Divisions &amp; Weight Classes Turkey Day Allowance (+2 Allowance – ex. 45 can weigh 47, 70 can weigh 72, etc.):</b>	
9U	<b>40, 43, 46, 49, 52, 56, 60, 65, 70, 75, 82, 92, 150</b>
12U	<b>54, 58, 62, 66, 70, 74, 78, 82, 86, 91, 96, 101, 112, 125, 200</b>
15U	<b>75, 80, 85, 90, 95, 100, 105, 110, 120, 130, 140, 150, 170, 260</b>
Girls 19U	<b>50, 57, 64, 70, 78, 84, 92, 100, 110, 122, 135, 148, 160, 200</b>

To Enter the Duals please email information to [ohioway.director@gmail.com](mailto:ohioway.director@gmail.com) by November 15th.

### **Style/Rules:**

- Modified High School Rules.
- Pools, Then Bracketed.
- Rosters can be changed each dual (as long as all team wrestlers are weighed in & sign release)
- Matches are three (3) one minute periods for 9U, 12U, and Girls (3) one and a half minute periods for 15U
- OT will be MS Rules
- Headgear optional, mouth guard required for any wrestler wearing braces.
- Singlet or t-shirt/sports bra and shorts are required for weigh-in.

**Awards:** 1<sup>st</sup> place team members receive a singlet!

All wrestlers from top 4 teams receive a medal!

Top 8 teams receive a plaque!

**Individual Tournament information available at [Ohiowaywrestling.com](http://Ohiowaywrestling.com)**

**Great Concessions All Day!  
No Crock Pots or Large Coolers Allowed!**